

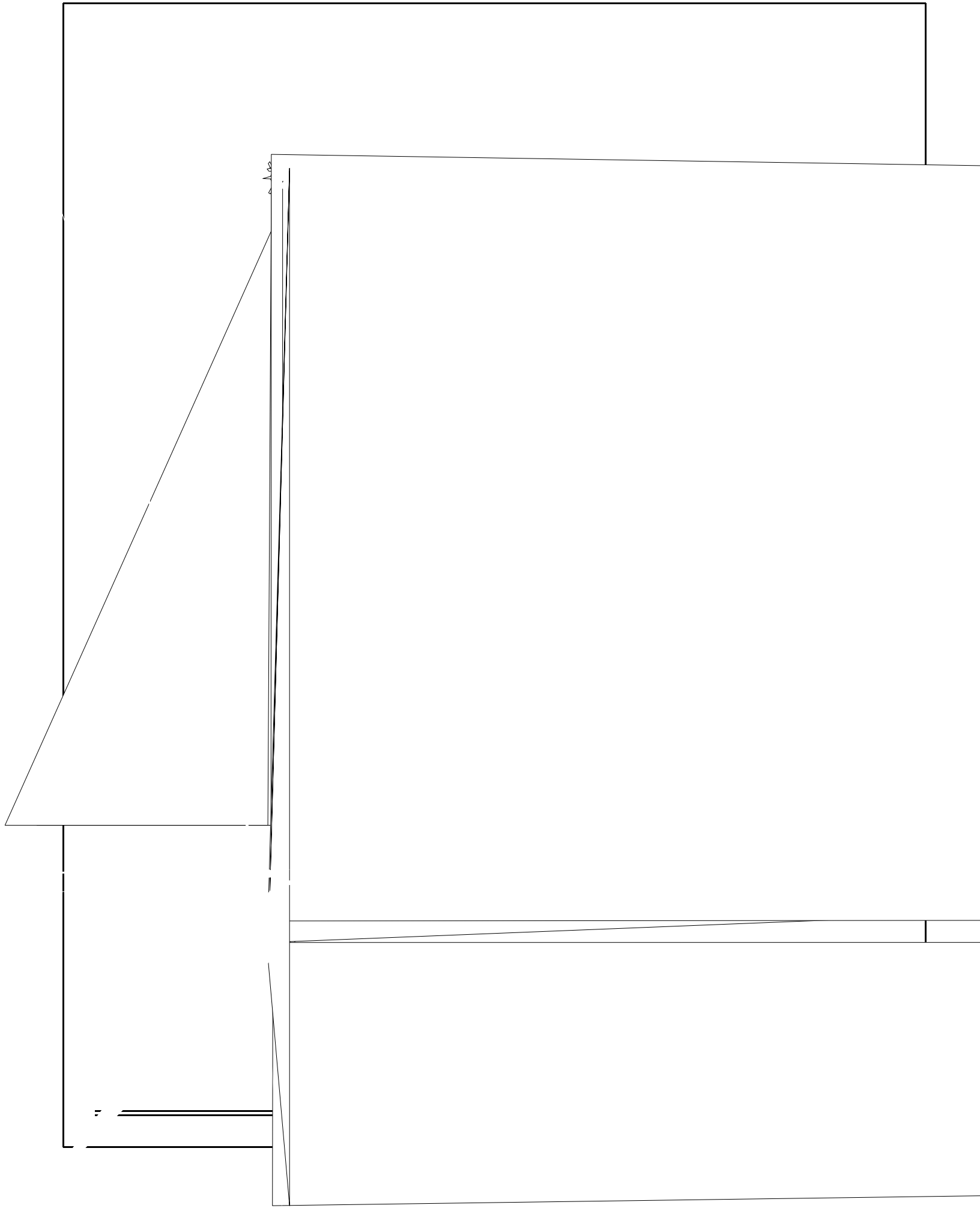
talk with people who will listen without judgment and begin to restructure their way of being with dignity and self-awareness. The need for all of us to be able to talk about our stresses.

HER STORY

It Doesn't Have to Show to be Abuse

I have to wonder sometimes how I got to where I am. Here I am fifty-five years old and I never dreamt in a zillion years that I would be where I am now. But let me start at the beginning.

Fifty-odd years ago a little girl was born. That was me. According to the parents I grew up with, I was a 'chosen child'. For those of you who don't get that phrase, what it is



IMAGINE A

The Transition and Housing

Answers to self-awareness exercise: 1.F; 2.F; 3.F; 4.F; 5.F; 6.F; 7.T; 8.T; 9.F; 10.T